

CPR ANYTIME



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ME ON HOLD!](#)

USES : Everything you need to learn the lifesaving skills of CPR, AED awareness, and choking relief in the comfort of your own home.

FEATURES : A self-directed personal learning program to practice on a manikin using a DVD demonstration (English or Spanish). Covers adult hands-only CPR, child CPR with breaths, choking relief and general AED awareness.