

#TALKINGISTEACHINGTIPS CALENDAR



Talk, read, and sing with your children every day! Simple interactions like the ones below can help boost children's brain and language development, setting them up for success in school and beyond. Please share photos of your family talking, reading, and singing using the hashtag #TalkingIsTeachingTips .

1 Children grow quickly! Each year, measure your child's height on a wall or doorframe. Your little one will love to see how tall they grow!

2 During bath time, help your child fill up different sized cups with water and then dump the water out. "Let's fill up the cup! Let's pour out half of the water!"

3 Teach your child about the concept of time by talking about your daily routines! "What do we do after we wake up? We brush our teeth!"

4 While folding laundry, talk about the different sizes of clothing. "Which socks are yours and which are mine? Yes, my socks are bigger!"

5 When unpacking groceries, ask your little one to lift two different grocery bags and figure out which one is heavier and which is lighter.

6 With a ruler, ask your little one to measure objects around the house. Which item is longer, which is shorter, which are the same length?

7 For a fun measurement activity, take two balls and push them at the same time! Which one is faster? Which one went further?

8 Talk with your child in your native language. Speaking together in two or more language builds your baby's brain.

9 Play "I-Spy" by taking turns naming and describing the things you each see. Say, "I spy with my little eye...a big red truck. You?"

10 As you do laundry, play a game of finding the matching pairs of socks with your baby.

11 During bedtime, talk with your baby about your favorite parts of the day.

12 When you read together, let your baby help turn the pages—it can help build their interest in books.

13 Have fun pretending to move and sound like different animals. "Ribbit and hop like a frog" or "chirp and flap your wings like a bird"!

14 Cuddle and share a story about your childhood. It's a great way to bond with your baby.

15 Use your senses to explore the environment around you! What do you see? Hear? Smell?

16 Talk about clothing and the weather. "What do we wear when it is cold? Warm?"

17 Establish a consistent family routine, like family game night or eating meals together. This strengthens family bonds and can boost your baby's development!

18 Use mealtime as an opportunity to support your child's early math skills. Ask, "How many crackers are on your plate?" or "Which apple is bigger? Biggest?"

19 Talk about shapes as you eat healthy and yummy snacks! Compare the shape of a square cracker or a round tomato!

20 Go on a "shape hunt" with your little one. Search for different shapes in your home and around your neighborhood.

21 Your baby loves to hear your voice. Talk, read, and sing together every day.

22 Talk about your job or workers you see out and about! What is the construction worker building? How does a firefighter help people?

23 Have fun finding things of different sizes and using words to describe them Ask, "Can we find something big? Humongous? Small? Tiny? Short? Tall?"

24 Talk about water on a rainy or snowy day! What does water feel like? Taste like? Sound like?

25 Use stories to spark creativity and imagination. During story time, ask your child, "What do you think will happen next?"

26 Talk with your baby about his day! Ask them what he did, how he felt, and what he wants to do tomorrow!

27 Turn on your baby's favorite songs and move your bodies as you dance together!

28 At the grocery store, give your baby an apple to hold in each hand. Ask, "Which is heavier? Which is lighter?"

29 Ask questions about your child's art. You can say, "I noticed you used the color blue. Why?"

30 Laughing is an important part of learning! Play fun games like "peek-a-boo" or sing funny nursery rhymes.

